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Practice Limited to Pediatrics

## PORTLAND PEDIATRIC GROUP

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## THE PARENT'S OATH

I promise to:

Love my child  
Cherish the time we are together  
Hug daily  
Say I love you daily  
Read to (or with) my child daily  
Be patient and understanding  
Protect my child  
Never hit or abuse  
Teach my child something new daily  
Work at my relationship with my child's other parent  
and, if married, stay married  
And, finally, find peace through my child

-Michael J. Holmes, M.D., Ph.D., F.A.A.P. (c. 1998)